## BLUFFS POOL/SPA RULES-

THE FOLLOWING RULES AND REGULATIONS ARE FOR THE PROTECTION AND BENEFIT OF ALL TO ASSURE SAFETY AND SANITARY OPERATIONS OF THE POOL/SPA FACILITIES.

## SWIM AT YOUR OWN RISK/THERE IS NO LIFEGAURD

THE BLUFFS OF SEBRING ASSOCIATION IS NOT RESPONISBLE FOR ANY LOST OR STOLEN ITEMS OR INJURIES. ALL ACTIVITIES PRESENT CERTAIN INHERENT RISKS AND HAZARDS WHICH THE PARTICIPANT ASSUMES.

## Pool/Spa Admission Rules

- Pool and spa users must abide by all posted rules and rules in the Bluffs' Handbook of Rules
- It is requested that respectful attire be worn when walking outside of the pool/ spa area.
- Family members of resident owners and tenants are permitted at the pool/spa. Non-family members are limited to four (4).
- Resident owners and tenants will be held responsible for all actions of their family members and quests.
- No person within the area shall behave in such a manner as to jeopardize the safety and health of him/her and others. This behavior includes loud, abusive or profane language.
- It is requested that everyone entering the pool or spa area must take a shower. Sunbathers need to shower before each entrance into the water in order to rinse off perspiration, lotions, sunscreen, etc.
- Children under the age of 13 must be accompanied and supervised by an adult of 18 years and over.
- Children, younger than 6 years of age and non-swimmers, must always be accompanied by an adult. The ratio in the pool shall be one adult per three children.
- All persons on the pool deck (and/or swimming in the pool or using the spa) must have
  on proper swim attire. Street clothes, brazil/french-cut, thong style and or revealing swim
  wear, cut-off jeans, skirts, sports bras, leotard, leggings, dri-fit wear, compression shirts
  and compression shorts are prohibited. Underwear and undergarments are not allowed
  to be worn under swimsuits. Clothes not specified for swimming will break down in the
  pool and can cause health or water chemistry issues.
- Wet bathing suits and/or bare feet are not permitted in the clubhouse or any other indoor recreational areas.
- Only board-approved ADA certified service animals are allowed on the pool or spa premises and only on the deck, not in the pool or spa.
- If a person has a disability that needs special accommodations to use the pool or spa area, please contact the Bluffs' office.
- Persons who have a communicable or infectious disease, or wearing bandages, are not allowed in the pool or spa. This includes open wounds, rashes, nasal discharge, inflamed eyes, colds, cough, diarrhea, blisters, cuts, etc.

- Infants/children not toilet trained and incontinent adults must wear swim suit diapers under their swimsuits. Diapers (cloth and disposable) are prohibited.
- Any injury occurring in the pool or spa area must be reported to the office within 24 hours.
- Food, gum, and beverages are not permitted in the pool and spa. Food is to be consumed in the posted designated areas. Glass containers are prohibited.
- Smoking or use of any tobacco products, including electronic cigarettes, are prohibited
- Personal media players, cell phones, radios, and computers are permitted with ear phones in the pool/spa area unless there is a Bluffs' activity.
- Pool furniture is to remain in the pool area. Umbrellas must be closed after use. We ask that you please clean up after yourself and your guests.
- For your safety, running, pushing, dunking, rough play, throwing and riding on shoulders is not permitted.
- No spitting, spouting, nose blowing, urination in the pool, and similar unhygienic actions.
- Diving and jumping into the pool/spa is prohibited. Jumping into the pool is permitted ONLY for children under the ages of six (6) with direct supervision of an adult.
- Noodles, certified lifejackets, floaties are the only items permitted in the pool. No items are permitted in the spa.
- It is suggested that no one use the spa for more than 12-15 minutes for health reasons. Children under 12 are not permitted to use the spa. Observe time limit to avoid dizziness, fainting and heat stroke.
- Pregnant women and persons suffering from heart disease, diabetes, high or low blood pressure should not enter the spa without prior medical consultation.
- Do not use the pool/spa while under the influence of any type of alcohol, drugs, anticoagulants, antihistamines, vasoconstrictors, vasodilators, stimulants, hypnotics or narcotics tranquilizers.